

NERO uses app-based technology designed to support clients during their health journey. NERO provides evidence based nutrition education via visually stimulating

videos and fact sheets. It also enables clients to plan their meals and track their health progress in line with their goals. NERO enhances the relationship between the Dietitian and the client to get sustainable results. For more information please log on to www.nero4me.com.au or email maya@nero4me.com.au.